



# Moran Nursing & Rehabilitation Center

**WEEKLY UPDATE**  
**03/18/2021**

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. We are happy to report that we have had no confirmed cases of COVID since 1/28/2021. As mentioned in previous correspondence we have had a cumulative total of 53 residents and 50 staff positive for COVID since the beginning of the pandemic.

We are very pleased that we were able to reimplement in person visitation on March 8, 2021. As a reminder the following practices still apply:

- Limit of 2 guests per visit. Children over 5 included in this count.
- All visitors will be screened for symptoms of COVID at each visit. Please provide a copy of your COVID vaccination if applicable. We may request that you complete a Point of Care Rapid test if indicated.
- All visitors will be required to wear a face mask. This includes children 5 years or older. You can bring your own mask or one will be provided.
- All visitors will be asked to perform hand hygiene before and after the visit. Hand Gel cleanser will also be available at the visitation area.
- Social distancing must still be maintained during the visit.
- Visits will be held in a designated area with staff oversight.
- Visits may occur in resident rooms if the resident is unable to come to designated area or if a Compassionate Care visit is warranted.
- Please arrive about 10 minutes prior to visit to allow time for screening.

**The visitation schedule will be as follows:**

Monday through Friday	11:00am to 3:30pm; Lunch break Noon - 1:00PM
Saturday and Sunday	11am to 2:30PM. Lunch break Noon-1:00PM

Please call the facility at 301-359-3000 and speak with the receptionist to schedule your visit.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 301-359-3000

Sincerely,

*Mary Schriver, RN, BSN, LNHA*  
Administrator

25701 Shady Lane SW Westernport, MD 21562  
Phone: 301-359-3000 Fax 301-359-0121



# Moran Nursing & Rehabilitation Center

**WEEKLY UPDATE**  
**03/24/2021**

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility. We are happy to report that we have had no confirmed cases of COVID since 1/28/2021. As mentioned in previous correspondence we have had a cumulative total of 53 residents and 50 staff positive for COVID since the beginning of the pandemic.

We are very pleased that we were able to reimplement in person visitation on March 8, 2021. As a reminder the following practices still apply:

- Limit of 2 guests per visit. Children over 5 included in this count.
- All visitors will be screened for symptoms of COVID at each visit. Please provide a copy of your COVID vaccination if applicable. We may request that you complete a Point of Care Rapid test if indicated.
- All visitors will be required to wear a face mask. This includes children 5 years or older. You can bring your own mask or one will be provided.
- All visitors will be asked to perform hand hygiene before and after the visit. Hand Gel cleanser will also be available at the visitation area.
- Social distancing must still be maintained during the visit.
- Visits will be held in a designated area with staff oversight.
- Visits may occur in resident rooms if the resident is unable to come to designated area or if a Compassionate Care visit is warranted.
- Please arrive about 10 minutes prior to visit to allow time for screening.
- \*\*\*Purses, bags etc need to be left downstairs and not taken to the resident room if visiting on the floor. Items brought into facility for the resident will be given to the resident after the visit.

**The visitation schedule will be as follows:**

Monday through Friday	11:00am to 3:30pm; Lunch break Noon - 1:00PM
Saturday and Sunday	11am to 2:30PM. Lunch break Noon-1:00PM

Please call the facility at 301-359-3000 and speak with the receptionist to schedule your visit.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 301-359-3000

Sincerely,

*Mary Schriver, RN, BSN, LNHA*  
Administrator

**25701 Shady Lane SW Westernport, MD 21562**  
**Phone: 301-359-3000 Fax 301-359-0121**



# Moran Nursing & Rehabilitation Center

## Weekly Update/Visitation

3/3/2021

Dear Residents and Families/Representatives,

After what seems like forever, we are excited to welcome you back to *Moran Nursing and Rehabilitation Center* for indoor visits in our lobby with your loved ones! While our residents cannot wait to see you and we are looking forward to having our family members back at the facility, please understand visitations will be conducted very differently than in the past for the purpose of protecting our residents and staff's safety, as well as your own. As such, and in line with the most recent recommendations from CMS, please read below for some general visitation requirements and information that you should know prior to visiting your loved one.

At all times, especially during visitations, our facility will practice and enforce the core principles of COVID-19 infection prevention ("Core Principles"), which include but are not limited to screening all visitors for signs and symptoms of COVID and ensuring that visitors (1) practice hand hygiene; (2) use face coverings or masks that cover the mouth and nose; and (3) practice social distancing of at least six feet apart during the visit. Also, our facility staff will clean and disinfect high frequency touched surfaces and designated visitation areas after each visit and they will use appropriate PPE at all times.

### **OUTDOOR VISITATION**

We will provide you and our residents the opportunity for routine outdoor visitation that adheres to the above-referenced Core Principles in a designated, accessible and safe outdoor space that allows for privacy between you and the resident. For safety reasons, we may use barriers such as plexiglass to reduce the transmission of the virus during your visit.

#### Outdoor Visitation-preferred

- 1) The facility will conduct outdoor visitation routinely that takes a person-centered approach and adheres to the core principles.
- 2) The facility will conduct all visitation outdoors when possible as it poses a lower risk of transmission.
- 3) The facility will consider weather, (inclement weather, excessively hot or cold temperatures, poor air quality) resident health status, (medical condition or COVID status) or facility outbreak status prior to visitation.
- 4) The facility will designate an accessible and safe outdoor space for visitation (courtyard, patios, or parking lots with the use of tents when available)
- 5) The facility will limit the number of total visits allowed at one time and size of visits per resident to allow for safe visitation.

## **INDOOR VISITATION**

Because the risk for transmission and infection of COVID-19 is greater indoors, we encourage you and our residents to visit outdoors when possible. **However, we will also offer indoor visitation beginning March 8, 2021. in our main lobby** using the following guidelines and Core Principles as suggested by CMS: Indoor visitation cannot occur if the facility has any new onset of COVID-19 cases in the last 14 days or is conducting outbreak testing.

### Core Principles of COVID-19 Infection Prevention

- 1) The facility will ensure core principles of COVID-19 infection preventions to include:
  - Screening of all visitors when entering the facility for signs and symptoms of COVID-19 to include temperature checks. Any visitor with signs or symptoms will be denied entry to the facility.
  - Hand hygiene (use of alcohol-based hand rub on entry and throughout visit when appropriate)
  - Face coverings or mask that covers the mouth and nose
  - Social distancing at all times during the visit of at least six feet apart
  - Instructional signage throughout the facility and visitor education on COVID-19 signs and symptoms, infection control precautions, use of face coverings/mask, specific entry and exits, routes to take during visitation, and hand hygiene
  - Cleaning and disinfecting high frequency touched surfaces and designated visitation area after each visit
  - Facility staff use of appropriate Personal Protective Equipment (PPE)
  - Facility must have designated areas for cohorting residents (quarantine, step-down, and COVID unit)
  - Resident and staff testing per CMS regulation
- 2) The facility will adhere to the above core principles at all times.
- 3) The facility will conduct visitation that is person-centered and considers resident's physical, mental, and psychosocial well-being and quality of life.
- 4) The facility may use physical barriers such as, Plexiglas dividers or curtains to reduce the risk of transmission during visitation.
- 5) The facility will conduct visitation that allows residents to privacy during visits.
- 6) The facility will not allow visitors to enter who are unable to adhere to the core principles of COVID-19 infection prevention or will be asked to leave.
- 7) Facility staff will provide each visitor with the *COVID-19 Visitor Waiver and Release* for execution and will keep a copy in the resident's file. Upon request, Facility staff will provide a copy of the executed release to the visitor.

### Indoor Visitation

The facility will accommodate and support indoor visitation for reasons beyond compassionate care situations. The indoor visitation guidelines are as follows:

- The facility may not have any new onset of COVID-19 cases in the last 14 days and cannot be conducting outbreak testing.
- The facility will ensure that visitors adhere to core principles to include children.

- The facility will limit the number of visitors to 2 per resident and the number of visitors allowed in the facility at one time based on the size of the facility.
- The facility will schedule visits with time limits to allow all residents to receive visitors.
- The facility will limit movement of visitors; to include direct routes to designated visitation area.
- The facility will not conduct visitation in shared rooms unless the resident cannot leave the room due to health status. In that event the facility will ensure adherence to core principles of COVID-19 infection prevention.
- The facility will monitor their county positivity rate as additional information to determine indoor visitation. The facilities that are in low (<5%) and medium (5%-10%) should conduct visitation according to the core principles of COVID-19 infection prevention and facility policies beyond compassionate care visits. Those facilities that are in high (>10%) should only conduct for compassionate care situations according to the core principles of COVID-19 infection prevention and facility policies.
- The facility may monitor other factors that increase COVID-19 risk levels to include: rates of COVID-19 like illnesses, visits to the emergency department, or positivity rate of a county adjacent to the county where the nursing home is locate.

**The visitation schedule will be as follows:**

Monday through Friday	11:00am to 3:30pm; Lunch break Noon - 1:00PM
Saturday and Sunday	11am to 2:30PM. Lunch break Noon-1:00PM

**COMPASSIONATE CARE VISITS**

Compassionate Care Visits

- 1) The facility will expand the definition of compassionate care visits to include:
  - a) Resident who was living with their family before recently being admitted to the facility, and struggling with the changes in environment and lack of physical family support.
  - b) Resident grieving after a friend or family member recently passed away.
  - c) Resident that needs cueing and encouragement with eating or drinking, previously provided by family and/or caregiver, is experiencing weight loss or dehydration.
  - d) Resident that used to talk and interact with others, is experiencing emotional distress, seldom speaking, or crying more frequently with history.
- 2) The facility will allow visitation to the above situations that is consistent with compassionate care visitation and policy to include visitors or clergy or individuals offering religious and spiritual support.
- 3) The facility may also identify other situations of compassionate care and allow visitation per policy.
- 4) The facility will conduct compassionate care visits using social distancing. If during a visit the visitor and facility identify a way to allow personal contact it should only be done following all appropriate infection prevention guidelines and with a limited amount of time.
- 5) The facility will communicate with resident, families, caregivers, resident representative, and the Ombudsman to identify the need for compassionate care visits.

### Required Visitation

- 1) The facility will continue to offer and conduct virtual visits.
- 2) The facility may restrict visitation due to COVID-19 county positive rate, facility's COVID-19 status, a resident's COVID-19 status, visitor's symptoms, or a lack of adherence to proper infection control practices. The facility will not restrict visitation without a reasonable clinical or safety cause. To include: if a facility county positivity rate is low or medium and the facility has not had any COVID-19 cases in the last 14 days they will conduct in-person visits.
- 3) The facility will conduct virtual, through windows, or in-person for compassionate care situations for those residents on transmission-based precautions for COVID-19. The in-person visits conducted for compassionate care situations will adhere to transmission-based precautions. The facility will lift restrictions for residents on transmission-based precautions when the precautions are no longer required per CDC guidelines.

### **SAFETY CONSIDERATIONS**

Our residents are looking forward to seeing you and so are we! But please remember that our number one goal is to prevent the spread of COVID-19 in our facility to keep our residents and staff safe. As such, please understand we may be forced to restrict visitation or deny you entry to the facility if our county positivity rate rises above 10%, if we have an outbreak of COVID-19, if you are exhibiting symptoms of COVID-19, or if you fail to adhere to proper infection control practices. We will not restrict visitations without a clinical or safety reason. We want our residents to be happy, and we know that a visit from you will help make that happen – we just need to make sure it happens safely!

We will provide you with our facility's specific visitation procedures prior to your visit. In the meantime, if you have any questions or concerns please feel free to contact the facility at 301-359-3000 and speak with the receptionist or ask for Dana Iser, RN, ICP.

Respectfully,

*Mary Schriver, LNHA*

Mary Schriver,  
Administrator



# Moran Nursing & Rehabilitation Center

**WEEKLY UPDATE**  
**03/30/2021**

Dear Residents and Families/Representatives,

Please accept this letter as our weekly update regarding the status of COVID-19 in our facility, including, number of current cases, confirmed positive cases since pandemic began and our current reopening status.

**Number of Confirmed COVID-19 Cases Currently in Facility:**

Staff- 0  
Residents-0

**Total Number of Confirmed COVID-19 Cases Since Onset of Pandemic:**

Staff: 50  
Residents: 53

**Date of Last Confirmed COVID-19 Case:**

January 28, 2021 (staff)

**Visitation Status.**

Visitation began March 8<sup>th</sup>, 2021. We are offering indoor visits in our lobby and outdoor visits near the front entrance. Please call 301-359-3000 and speak with the receptionist to schedule your visit.

For those who are unable to visit in person, the Activities department is still scheduling the face time /virtual visits via phone or hand-held tablets.

**The visitation schedule is as follows:**

Monday through Friday	11:00am to 3:30pm; Lunch break Noon - 1:00PM
Saturday and Sunday	11am to 2:30PM. Lunch break Noon-1:00PM

**New Update:**

We will be reopening the Therapy Gym on April 1,2021. The therapy staff have worked diligently to develop a plan to allow this to occur.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

Sincerely,

*Mary Schriver, RN, BSN, LNHA*  
Administrator

25701 Shady Lane SW Westernport, MD 21562  
Phone: 301-359-3000 Fax 301-359-0121



# Moran Nursing & Rehabilitation Center

## WEEKLY UPDATE

03/09/2021

Dear Residents and Families/Representatives,

It is hard to believe that it has been one year since COVID-19 changed all of our lives so drastically. From being forced to restrict visitors and change the way our residents communicate with their loved ones to making changes in our infection prevention and control practices, everything we have done and continue to do is an effort to keep our staff and residents safe. We want to thank our staff for their unwavering dedication to our residents and we want to thank our families for their continued support and patience as we continue to navigate this pandemic.

As always, our goal is to be transparent and provide you with weekly updates on the status of COVID-19 in our facility, including the current number of positive cases in our facility, how many confirmed cases of COVID-19 we have had since the beginning of this pandemic and our visitation status.

### Number of Confirmed COVID-19 Cases Currently in the Facility

Staff: 0

Residents: 0

### Total Number of Confirmed COVID-19 Cases Since the Onset of the Pandemic:

1st Outbreak May- 1 resident

2<sup>nd</sup> Outbreak August- 1 staff

3<sup>rd</sup> Outbreak October -1 staff, 1 resident

4<sup>th</sup> Current Outbreak November (resolved February 12<sup>th</sup>) -48 Staff, 51 Resident

**Total Cumulative Number** Staff:50

Resident:53

**Cumulative total :103**

### Date of Last Newly Confirmed COVID-19 Case:

Last confirmed case (staff) 1/28/21

### VISITATION STATUS

Visitation began March 8,2021. We offer indoor visits in our main lobby and outdoor visits when weather is nice in front entrance area. Please call 301-359-3000 and speak with the receptionist to schedule your visit.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 301-359-3000

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